



## BRIDGE MEADOWS

Who will you meet at Bridge Meadows?

---

### Bridge Meadows Donkeys



Jubilee (the biggest) and her son  
Jonny on the far right

Maddie and her daughter Precious on  
the far left

Jubilee and Maddie were rescued by  
the Donkey Sanctuary, had their foals  
at the sanctuary in Devon, and all 4  
moved to Bridge Meadows in August  
2017.

## Helen Palmer



Helen owns the site with Andy

She has recently set up Bridge Meadows CIC aimed at providing nature-based educational and therapeutic projects.

Her background is working as a Clinical Psychologist in the NHS.

## Andy Basham

Andy owns the site with Helen and has a business based there called Coppice Designs. He coppices a SSSI wood in Ashdon during the winter months and then teaches woodcraft courses in rustic furniture making at Bridge Meadows during the summer.

He is a Qualified Bushcraft Instructor.



(To be updated)

## Liz Bicknell



After qualifying as a forest school leader Liz has spent the past twelve years leading forest schools, across primary age range, as well as school staff in-service training and teacher training at the University of Hertfordshire. Before concentrating solely on forest school, as a qualified teacher, she taught across the primary and secondary age ranges. She has a lifelong interest in the natural world and gardening and holds a tropical park keepers certificate (from her time spent in Asia) and RHS qualifications in gardening and garden design. She also manages a small holding and breeds primitive sheep.

## Dan Paul

Dan has been involved with Forest School for five years, initially volunteering as a parent helper at his children's school when his own twins were in Reception. This piqued his interest and he has continued to work with Liz at RA Butler since then, qualifying as a Forest School Leader in 2020. Dan has a keen interest in the natural world and making it accessible and exciting for children.



## Nikki Sammons



Nikki delivers youth mindfulness in a range of outdoor sessions locally. She is in high demand specialising in the joy of being present in nature, sensory learning, body awareness activities and relaxation.

She is a well-being trainer, specialist Nursery teacher, and a paediatric first aider.

<https://www.nikkisammons.co.uk/about-us/>

## Heather (left) and Sarah (right)



Sarah and Heather run an award winning Forest School based in Ashdon;

<https://natureoflearning.co.uk>

Heather is an early childhood and additional needs expert. With a first class degree in Primary Education, advanced Early Years and an NVQ in Childcare and Education as well as her level 3 Forest school leader qualification, Heather has racked up over 20 years experience working with young children.

Sarah is originally a PhD research scientist in the field of molecular biology Sarah went on to work in Science Outreach, and Communication, developing a real passion for sharing science research with children. With 10 years teaching and tutoring experience in science she completed her level 3 Forest School training 5 years ago.

Sarah has recently written a campfire recipe book, full of vegan and allergy friendly campfire recipes. Sarah is very proud to have gained FSA recognised status for Nature of Learning Forest School.

## Wendy Dennison.

Wendy is a N.N.E.B qualified and has worked with children for all her working life. After qualifying she worked as a nanny in Cambridge, Oxford and Germany. Following that she was employed as a playgroup leader back in Cambridge. For many years she worked as an early years educator at a Nursery school where she attended many training courses to enhance her career. Whilst there she was fortunate to be chosen to attend a study course in Reggio Emilia Italy. More recently she worked for Accuro care services Saturday play club. She is now back working part time at the Nursery school where she was previously employed, taking out small groups of children to work on their communication and language needs. In her spare time she enjoys volunteering in helping to care for the Bridge Meadows donkeys.



## Aloki Horner



Aloki is currently studying A-level Psychology, Sociology and Geography. She has done a fair amount of babysitting and will be working at a play scheme for the summer at the University of Cambridge. She has worked with Helen both with the capacity of volunteering with the donkeys and childcare.